

Capital District Physicians' Health Plan, Inc.
500 Patroon Creek Blvd.
Albany, NY 12206-1057



[date]

[Contact Name]
[Group Name]
[Address]
[City State Zip]

Member ID#
Plan Code:

Dear Healthy New York Member:

Capital District Physicians' Health Plan Inc. (CDPHP[®]) filed a request for approval to adjust [quarter / year] community-rated premiums with the Department of Financial Services. In keeping with state law, we are sending you this notice in advance of an anticipated premium rate change. You have 30 days from the date of this letter to contact CDPHP or NYSDFS to request additional information about the rate change, or to submit written comments to NYSDFS. You may also contact CDPHP to learn the start and end dates of the comment period. You can find contact information for CDPHP or NYSDFS on the reverse side of this letter.

Any written comments you submit should specify Healthy New York. The 30-day comment period begins when CDPHP submits its application, which we anticipate will be on July 2, 2012. Comments submitted to NYSDFS will be posted to the DFS website with personally identifying information redacted.

The NYSDFS can approve our rates as submitted, modify, or deny the rate application. If our filing is approved by NYSDFS, the change in premium rates for you as of [date], will be 9.74%. CDPHP has prepared a narrative summary that provides a detailed, plain English explanation of the reason or reasons for seeking an adjustment. You may view the narrative by visiting the publicly accessible member page of our website at www.cdphp.com/members or www.dfs.ny.gov.

These premium rate changes are necessary due to changes in administrative expenses, correction for past pricing, and to cover expected increases in claim costs due to the expected change in medical and pharmacy trend. In 2013, CDPHP expects to see increases in medical care utilization due to advances in medical technology, genetic testing, aging of the population, and improvement in the economy. These increases will be held lower than industry trends due to CDPHP medical management programs including disease management, medical therapy management, and programs targeted to improve quality of care and cost-effectiveness in the physician's office.

You will receive details on your rates at least 60 days before your benefits renewal date.

Sincerely,

A handwritten signature in black ink that reads "Laura Kordas". The signature is written in a cursive, flowing style.

Laura Kordas
Director, Member Services
Capital District Physicians' Health Plan, Inc.

CDPHP
Att.: Member Services
500 Patroon Creek Blvd.
Albany, NY 12206-1057

www.cdphp.com
1-800-777-2273

Health Bureau—Premium Rate Adjustments
NYS Dept. of Financial Services
25 Beaver Street
New York, NY 10004

<http://www.dfs.ny.gov>
PremiumRateIncreases@dfs.ny.gov